

Coping with Cancer NE

Is a registered charity which offers free services to those in the North East with cancer and to those who care for them.

Confidentiality

Coping with Cancer operates a confidential service. We guarantee that no information will be made available to any other person or organisation without your permission.

Date
20/08/15
Review
Annually

For information about other ways we can help, we can be found at:-

Coping with Cancer NE

The Medical Suite
Cobalt Business Exchange
Cobalt Parkway
Newcastle NE28 9NZ

Tel: 0191 280 5610

www.copingwithcancer.org.uk



Mission To share experiences and strategies which help people cope with cancer

Charity No. 513820



Coping with Cancer NE



General Leaflet

Our Services

When cancer is diagnosed life can seem frightening and uncertain for both the patient and for those who care about them.

Coping with Cancer North East, a charity which has worked in the region for over 30 years has a range of services which may help you cope.

Complementary Therapy

We offer a range of complementary therapies to help you relax, relieve stress and sleep better. Our therapists work at hospitals in North and South Tyneside, Gateshead Sunderland and Durham so why not give us a ring to see if there is a service near you.

Auricular Acupuncture is a powerful way of reducing some of the side effects of your cancer treatment. We use this technique to help with pain and nausea and with hot

flushes in breast and prostate cancer patients. To find out more give us a ring.

All of our therapists are trained, having at least an NVQ Level 3 and all are members of a respected professional body.

You may feel the need to talk to someone and yet you do not want to worry family or friends.

We can help by offering you the following services:

Counselling

We have a team of trained counsellors who offer a confidential service for both patients and carers either face to face or on the telephone.

Bereavement Support

Support for the bereaved may be offered in a group situation. The

BLOSSOM group meets fortnightly at Dunston Hill Hospital.

You can find out more about us on our website

www.copingwithcancer.org.uk

or on our Facebook page.

Coping with Cancer North East offers its services free of charge to the cancer community.

Donate

If you wish to help us to help others you can:-

- Send a cheque made payable to Coping with Cancer North East to the office
- Donate through [Just giving.com](http://Justgiving.com)
- Shop online via The Giving Machine And name us to benefit.
- Text "Donate Coping CWCNE" to 88802 on your mobile